

estrella

## ***General Information***

### **Hours of service**

<i>Monday</i>	<i>Closed</i>
<i>Tuesday-Thursday and Sunday</i>	<i>9:00 a.m. – 6:00 p.m.</i>
<i>Friday and Saturdays</i>	<i>9:00 a.m. - 8:00 p.m.</i>
<i>Fitness Center</i>	<i>24 hours</i>

### **Spa Admission**

All Hotel and Estrella Spa guests 16 years and older, have complimentary use of the Fitness Center.

Saturday and Sunday Spa appointments are generally reserved for Hotel guest only some exceptions may apply.

### **Cancellation Policy**

If you must cancel or reschedule an appointment, as a courtesy to other guests and to our therapists, please give a 24-hour notice prior to your scheduled appointment time to avoid a 50% charge. "No-Shows" will be charged the full price of the treatment. If you are running late, a phone call is also appreciated. Your arrival time will determine the length of your treatment time, which will end as scheduled so the next guest may begin promptly. In this case you will be charged the full amount of your originally scheduled treatment.

### **Gratuities**

An additional **20% Gratuity** will automatically be added to all services and packages, however if you wish to change the percentage you may do so by notifying our spa front desk agents at the end of your services.

### **Spa Reservations**

To better accommodate preferred times, we recommend scheduling appointments **1 to 2 weeks** prior to arrival. A credit card number is required for Non Hotel guests and a \$15.00 non-guest fee applies for spa and pool facilities.

415 S. Belardo Road • Palm Springs, CA 92262  
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## ***For One***

		\$
<b>Sampler</b>		
Custom Massage	30	251
Signature Scrub	30	
Customized Facial	30	
<b>Escape</b>		369
Custom Massage	90	
Foot and Leg Treatment	30	
Customized Facial	60	
<b>Me,Me,Me</b>		345
Pre-Natal Massage	60	
Customized Facial	90	
Manicure/Pedicure		

## ***For Two***

		\$
<b>Delight</b>		
Foot and Leg Treatment	30	542
Customized Facial	30	
Couple's Massage	60	
<b>Retreat</b>		710
Signature Lemongrass, Lavender and Sage Foot Bath w/ Champagne	30	
Couple's Massage	90	
Customized Facial	30	
Spa Lunch for 2		
*\$50 credit*		

## ***For Wellness***

**EXPRESS (30 Min) \$85 • INDULGE(60 min) \$125 • DECADENCE(90 Min)\$185**

### **Swedish**

**30 • 60 • 90**

The traditional full-body massage. Combinations of techniques are used to promote tranquility, improve circulation and heighten your sense of well being.

### **Reflexology**

**30 • 60**

Guided by principles correlating zones of the feet with specific areas of the body, reflexology therapy focuses on the soles to transfer energy and restore vitality throughout the body. Sixty-minute reflexology includes an ear, hand massage and lower leg and foot scrub.

### **Deep Tissue**

**30 • 60 • 90**

A therapeutic technique that penetrates deeper layers of muscle tissue, restores range of motion, and relieves muscle soreness prompted by athletic activities.

### **Prenatal**

**30 • 60**

Sensitive massage that lightens the physical challenges of this important stage of life. Using a body support system to keep you comfortably supported, the therapist will soothe and restore fatigued pre-term muscles, moods and minds. Offered to women in their second and third trimester.

### **Custom**

**30 • 60 • 90**

Let our expert's create a massage just for you. They will use a combination of techniques depending on the needs of your body. \*We recommend adding aromatherapy essentials oils to luxuriate your experience\*.

### **Couples**

**30 • 60 • 90 (Price per person)**

Enjoy the privacy in our indoor couple's suite or one of our outdoor spa cabanas and enjoy a Custom Massage side by side.

## **SPECIALTY MASSAGES**

***REVIVE (60 min) \$140 • ENERGIZE (90min) \$195***

### **Thai**

**60 • 90**

Using traditional Thai massage and stretching techniques this unique massage increases flexibility and relieves stress and tension for the entire body. \***Loose fitting attire required\***

### **Shiatsu**

**60 • 90**

An ancient Japanese pressure point technique combined with gentle manipulations that work along the meridians (energy pathways) of the body enhancing the body's energy flow. \***Please wear loose clothing\***

### **Lava Shell Massage**

**60**

Smooth shells from the Oceans of the Pacific which are heated from the inside by combining natural ingredients of minerals, sea kelp, algae and salt water glide seamlessly over the body creating a synergy of warmth, relaxation, and beauty for a sensation of unsurpassed bliss.

## ***For Face***

**REVITALIZE(30 Min)\$85 • RENEW(60 min)\$125 • TRANSFORM(90 Min)\$185**

### **Customized**

**30 • 60 • 90**

A custom facial just for your skin. Let our experienced Estheticians hand select products to brighten, tighten and hydrate your skin.

### **Back to Basics**

**60**

We often forget that the back is a beautiful part of our body so we have created this deep cleansing facial for your back to exfoliate, smooth and hydrate this untouched area.

### **Classic**

**90**

Often described as a non- surgical face lift, this treatment works wonders on all skin types. This facial includes a microderm scrub and 2 tightening masks. Improves the skins clarity, elasticity, texture and overall health.

## **Specialty Facials**

### **Red Carpet Facial featuring Kinara skin care.**

**(60 Min) \$150 • (90 Min) \$200**

Experience our signature facial that will produce instant results and have you **Red Carpet** ready. This deeply exfoliating and hydrating facial will brighten and smooth skin while remaining gentle for all skin types. We use Kinara products for this facial that have been designed for both professionals and clients in mind.

### **Head to Toe Indulgence**

**(30 Min) \$170 • (60 Min) \$250**

Why not have two different services at once? Let our Estheticians choose a facial specifically for your skin type and, at the same time, one of our Massage Therapists will give you a combination of a foot massage and reflexology.

### **White Tea & Ginseng Men's Facial**

**(60 Min) \$140**

Awaken and detoxify your skin with this simplistic facial by Urth products that are packed with Vitamins A, C and E.

## ***For Body***

### **Estrella Scrub**

**30 MIN. \$85**

Our custom blended salt scrub is infused with our signature aromatherapy blend of lemongrass, lavender and sage which exfoliates and moisturizes the entire body leaving your skin and your senses refreshed and revived.

\*products made here at Estrella Spa\*

### **Cinnamon Vanilla Body Treatment**

**60 MIN. \$125**

The sweetest exfoliation! Exfoliate with a brown sugar, cinnamon, and vanilla body scrub then finish with a soothing massage with one of our signature hydrating body lotions with chocolate, cinnamon and clove.

### **Bamboo Ritual Treatment**

**60 MIN. \$125 • 120 MIN. \$250**

A ritual based body treatment founded on the principle of stimulating blood flow through the body by blending layers of exceptional ingredients and pure scents deeply into the skin. Inspired by the sensual and thorough art of caring for the body developed and perfected in Japan. Created to release the flow of vital energy in the body.

### **Hammam Detoxifying Ritual**

**90 MIN. \$185**

Hammam means the "Spread of Warmth". This is a ritual body treatment, which includes a Vichy shower. Begin with purification, a vigorous scrub, envelop in cooling aromatic clay, and conclude with an application of rich oils and body butter.

### **Chai Spice Wrap**

**90 MIN. \$185**

A great treatment for the holidays. The smell of warm chai, cinnamon, and clove leaves you feeling completely relaxed, as the warmth of the ingredients stimulates you from the inside out.

### **Nurturing Foot and Leg Treatment**

**30 MIN. \$65**

A soothing and curative therapy that smoothes away calluses and cares. Enjoy a botanical foot soak, aromatic sea salt exfoliation, and rhythmical massage to your lower legs and feet.

## **For Added Luxury**

<b>FACIALS</b>	\$
Glycolic	20
Eye Treatment	20
Lip Treatment	20
<b>MASSAGES and BODY</b>	
Aromatherapy	10
Facial Cocktail (cleanse, tone and hydration)	25
Chocolate Sun Spray Tan	65

## ***For Hands and Feet***

Estrella Manicure	40
Aromatic Lavender Paraffin Treatment	20

Estrella Pedicure	60
Aromatic Invigorating Paraffin Treatment	20

### **Pool Side \* seasonal\***

Manicure	55
Pedicure	70
Reflexology	95
Nurturing foot and leg treatment	75

## ***For Beauty***

	\$
Makeup Application	85
Shampoo Only	20
Shampoo and Style	50
Men's Hair cut	40
Hair Cut and Style	80
Partial Weave	85
Full Weave	150
One Process Color	75
Deep Conditioning	35
Up do/Bridal	85